

Practical Activities for Attendees of the SOBECC Conference – the PACU as the Focus of the Simulation

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Abstract Background Information: The Post-Anesthesia Care Unit (PACU) is a challenging place for nursing staff to provide care, and in Brazil it represents a portion of the nurses associated with SOBECC (Brazilian Association of Surgical Center, Post-Anesthesia Recovery and Material and Sterilization Center Nurses) within the scope of perioperative nursing.

Objectives of Project: To describe the experience of simulated practical activities carried out at the 16th Brazilian Congress of Nursing in the Surgical Center, Anesthesia Recovery and Central Sterilization Department - for the Perianesthetic Nursing area.

Process of Implementation: The space intended for the practices and demonstrations of simulated practices was planned at approximately 100 square meters, where two beds were made for the simulated practices of Post-Anesthesia Recovery, with monitors and furniture to simulate as close as possible to reality, in addition to space for approximately 50 people to watch the activity performed seated. The following simulated activities were carried out: Assessment of bladder distension using ultrasound by the nurse, Assessment of Thirst in the PACU, Care of cardiorespiratory arrest in the PACU, Care of the critical patient - case, and the five steps of safe recovery.

Statement of Successful Practice: Several activities were carried out with the participation of 439 people, with the majority of participants evaluating the activity as excellent or good (92.25%), regarding the duration of the activity, 90.43% evaluated it as excellent or good, and regarding the structure offered in the activity, 92.71% evaluated it as excellent or good.

Implications for Advancing the Practice of Perianesthesia Nursing: In this way, SOBECC hopes to contribute to the knowledge of professionals, in addition to engaging new professionals in the area, and increase interest in the pursuit of knowledge, always striving for excellence in perioperative nursing.